

## **BEST PRACTISE 2021-2022**

Sree Narayana Training College has initiated a number of activities for the overall development of the students. The student teachers are expected to develop an overall perspective on their Professional and personnel life. In order to achieve the same Sree Narayana Training College focuses its attention on developing a favourable attitude among student teachers towards our community and in developing personally and professionally competent teachers. Thus the two major objective which the institution upholds are

- Upliftment of the community
- Empowerment of the prospective teachers

For achieving above-mentioned aims the institution designed and implemented developmental activities for the students and for the community. On the basis of this institution organises two important programmes for the past five years as the best practices of the college.

### **1. Student empowerment program SEP**

### **2. Snehapoorvam**

#### **Student Empowerment Programme SEP**

The theme for student empowerment programme was evolved from the UGC funded remedial teaching programme for the college during the year 2010. It was funded by UGC for organising the remedial instructional programmes for the socio economic backward students of the community. However the college took an initiative to provide the course for majority of the students in the college. After the completion of project period of UGC, the college started a “Student Empowerment Programme” to continue their activities for the welfare of our student teachers. The SEP mainly focused on the development of a person including personal, emotional, physical, intellectual moral and social aspects of a student and a series of activities were is designed to inculcate the same.

#### **Snehapoorvam**

Snehapoorvam is a community oriented practices carried out by the institutions. The teachers as well as students join their hands to empower

the nearest community where the institution is situated. Nedunganda is a rural coastal village where majority of the village belong to socially and educationally weaker sections of the society. The institution organizes a series of activities every year for the benefit of the coastal community.

### **STUDENT EMPOWERMENT PROGRAMME. (SEP) :**

The SEP mainly focused on the development of a person including personal, emotional, physical, intellectual moral and social aspects of a student and a series of activities were is designed to inculcate the same. The classroom teaching learning process during the post covid period was a period of adjustment process for all people especially among the student community. Lack of regular face to face class, lack of proper interaction etc among students has created a lot of personality related problems. Lack of first-hand experience in organising specific events for a student teacher was found to be a major problem among them. On account of the technological advancement and integration it was decided to develop organizational skill among the student teachers with the integration of technology skills.

**Objective :** Integrated development of the student teachers in various aspects.

**Context :** In order to enhance organisational capacity of the student teachers during the post covid period, Institution encouraged the student to organise a webinar series under the leadership of college Union ANWAYA 2021. The staff advisor of the college provided all kinds of directions for organising such a webinar series by the college union. The students themselves selected the major theme for the webinar series and suggested appropriate resource personality to deliver the talk series. The webinar on different topics were scheduled as below:

#### **Webinar Schedule**

<b>Date</b>	<b>Topic</b>	<b>Resource Person</b>
16/05/2022	Inauguration of the session “Prabuddha – Embracing the New Normal”	Dr. M. N. Parasuraman, Assistant Professor of English, University College, Thiruvananthapuram
	National Webinar on the journey of the queer community: An introduction and a report	
	National Webinar on Gender Sensitization on	

	domestic violence against women	Smt. Nileena Atholi, Sub-editor Mathrubhumi
19/05/2022	National Webinar on Fundamental aspects of Constitutional Laws	Dr. Sheema S. Dhar, Assistant Professor, Gov. Law College, Thiruvananthapuram
20/05/2022	National Webinar on Blue print of online teaching	Dr. Sajith S.J. Sasi, Assistant Professor and H.O.D. of Department of Hindi, Sree Narayana College, Varkala
23/05/2022	National Webinar on Home Employability skills through online platform	Smt. Rina Vivekanandan, Principal Consultant, Praapti
24/05/2022	National Webinar on Teacher – Social Expectations	Sri. N.K. Sunil Kumar, Assistant Professor of Sociology, Mahatma Gandhi College, Thiruvananthapuram
26/05/2022	National Webinar on Intellectual Property Rights	Dr. Lawwellman P., Assistant Professor, Gov. Law College, Calicut

### **The Practise:**

The programme was started as a series under the title embracing the new normal organised during the month of 2022. The webinar series started from 16.05.2022 to 30.05.2022.

### **Evidences of success**

The student teachers were able to perform various roles in the organisation team well along with improvement in technical skills and competencies . During the seven days schedule of the webinar series, majority of the students where able to ensure their active participation by playing different roles such as anchoring, welcoming the guest, introducing the guest, behind works associated with brochure designing and related works, communicating with the teachers and students community etc. The webinar series not only enable them to acquire knowledge and information on various topics but also ensured the development of appropriate organisational skills especially the technical skills among them.

### **Problems encountered and resources required**

Being a webinar series network issues and availability of digital resources were the major problems encountered.

**'PRABUDDHA- Embracing the New Normal' - Webinar Series organised by the College Union 'Anwaya' in collaboration with all Departments of the college from 16 May 2022 to 30 May 2022**

**National Webinar on Gender Sensitization on domestic violence against women**

**SREE NARAYANA TRAINING COLLEGE**  
Nedunganda P.O., Varkala, Thiruvananthapuram, Kerala. Pin.695307  
[Affiliated to University of Kerala, Recognized by NCTE,  
Re-accredited by NAAC with Grade B, Recognised by UGC under 2(F) & 12(B)]  
Email: sncted@gmail.com, Website: www.sntrainingcollege.edu.in

**PRABUDDHA**  
**Embracing the New Normal**  
Webinar Series organised by the College Union 'Anwaya'  
in collaboration with all Departments of the college

**May 16 @ 6.00 PM**

**Inauguration**  
  
**Dr. Jayaprakash R. K.**  
Director  
State Council of Educational Research and Training (SCERT)

**National Webinar on GENDER SENSITISATION ON DOMESTIC VIOLENCE AGAINST WOMEN**

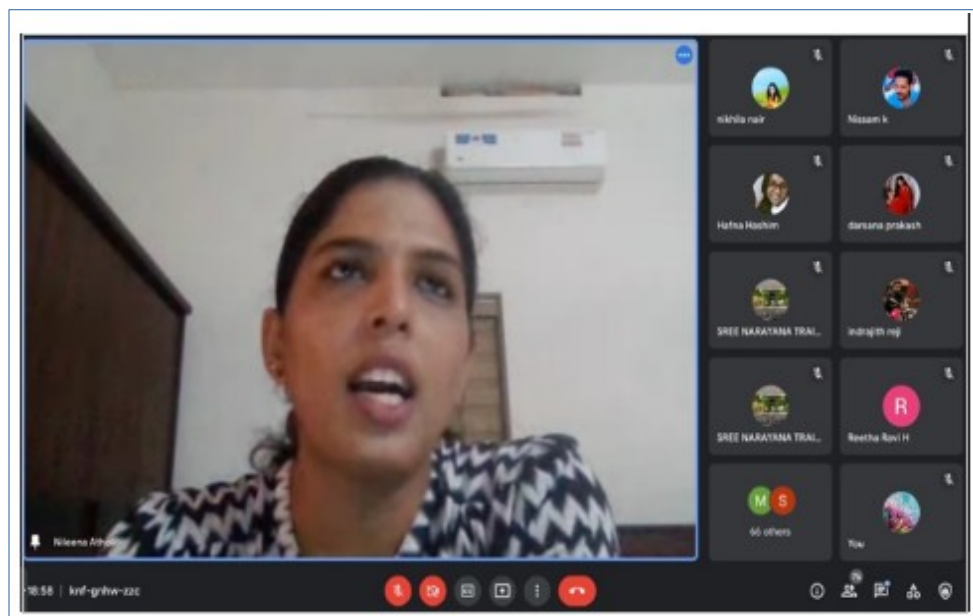
**Programme Schedule**

Compering	Ms. Nishida P. S.
Prayer	Ms. Asha C.
Welcome Address	Dr. Sheeba P. (Principal, SNCTC)
Presidential Address	Dr. Indrajith R. (Chairman, College Union)
Inauguration of Webinar Series	Dr. Jayaprakash R. K. (Director, SCERT)
Felicitation	Ms. Darzana Prakash L.
Introducing the Resource Person	Ms. Hafsa R.
Resource Talk	Smt. Nileena Atholi (Sub-Editor, Mathrubhumi)
Vote of Thanks	Ms. Soubhagya M.
National Anthem	
Reporting	Ms. Nishida Kshar


**Resource Talk**  
  
**Smt. Nileena Atholi**  
Sub Editor  
Mathrubhumi Online

**Organising Committee**


Sri. Praveen R.	Dr. Pramed G. Nair	Dr. Smitha S.	Ms. Geethukrishna A. S.	Dr. Vijay	Dr. Sheeba P.
Dr. Reetha Ravi R.	Dr. Sangeetha M. R.	Smt. Chitra S.	Student Coordinator	Staff Advisor	Principal
Dr. Rani K. V.	Dr. Dhanya Chandran B.	Smt. Romya R.			



## National Webinar on the journey of the queer community: An introduction and a report




**SREE NARAYANA TRAINING COLLEGE**  
Nedunganda P.O., Varkala, Thiruvananthapuram, Kerala. Pin.695307  
[Affiliated to University of Kerala, Recognized by NCTE,  
Re-Accredited by NAAC with Grade B, Recognized by UGC under 2(F) & 12(B)]  
Email: snctcncd@gmail.com, Website: www.sntrainingcollege.edu.in



**May 27**  
@ 10:00 AM

**PRABUDDHA**  
**Embracing the New Normal**

Webinar Series organised by the College Union 'Anwaya'  
in collaboration with all Departments of the college




**National Webinar**  
**THE JOURNEY OF THE QUEER COMMUNITY: AN INTRODUCTION AND A REPORT**

Programme Schedule

Compering : Ms. Akhila P. Chand  
Prayer : Mr. Rahul Raj R.  
Welcome Address : Dr. Sheeba P. (Principal, SHTC)  
Presidential Address: Mr. Indrajith R.  
(Chairman, College Union)  
Introducing the Resource Person : Ms. Divya Sree S.  
Resource Talk : Dr. M. N. Parasuraman  
Vote of Thanks : Mr. Nandhu C. S.  
National Anthem Reporting : Ms. Fathima M. S.

**Resource Talk**



**Dr. M. N. Parasuraman**  
Assistant Professor of English  
University College  
Thiruvananthapuram

Conveners

Dr. Vijji V. : Dr. Sheeba P.  
Staff Advisor & : Principal &  
Convenor : General Convenor

Ms. Sreelekshmi K. S.  
Student Coordinator

Organising Committee

Sri. Praveen R. : Dr. Pramod G. Nair  
Dr. Smitha S. : Dr. Roetha Ravi H.  
Dr. Sangeetha N. R. : Dr. Chitra S.  
Dr. Rani K. V. : Dr. Dhanya B. Chandran  
Smt. Remya R.





## National Webinar on Fundamental aspects of Constitutional Laws



**SREE NARAYANA TRAINING COLLEGE**  
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[Affiliated to University of Kerala, Recognized by MCTE,  
Re-Accredited by NAAC with Grade B, Recognised by UGC under 2(F) & (2)(B)]  
Email: sntcnd@gmail.com, Website: www.sntcndcollege.edu.in

**May 19**  
@ 6.00 PM

**PRABUDDHA**  
**Embracing the New Normal**  
Webinar Series organised by the College Union 'Anwaya'  
in collaboration with all Departments of the college



**National Webinar on**  
**FUNDAMENTAL ASPECTS OF CONSTITUTIONAL LAW**  
in association with Centre for Constitutional Literacy, Chirayinkeezhu

**Programme Schedule**

Compering : Ms. Hyfa Nasarkhan Shibi  
Prayer : Mr. Rahul Raj R.  
Welcome Address : Dr. Sheeba P. (Principal, SNTC)  
Presidential Address: Mr. Indrajith R.  
(Chairman, College Union)

Introducing the Resource Person : Ms. Akhila R. U.  
Resource Talk : Dr. Sheema S. Dhar  
Vote of Thanks : Mr. Dileesh S.  
National Anthem :  
Reporting : Ms. Nayana S.

**Resource Talk**



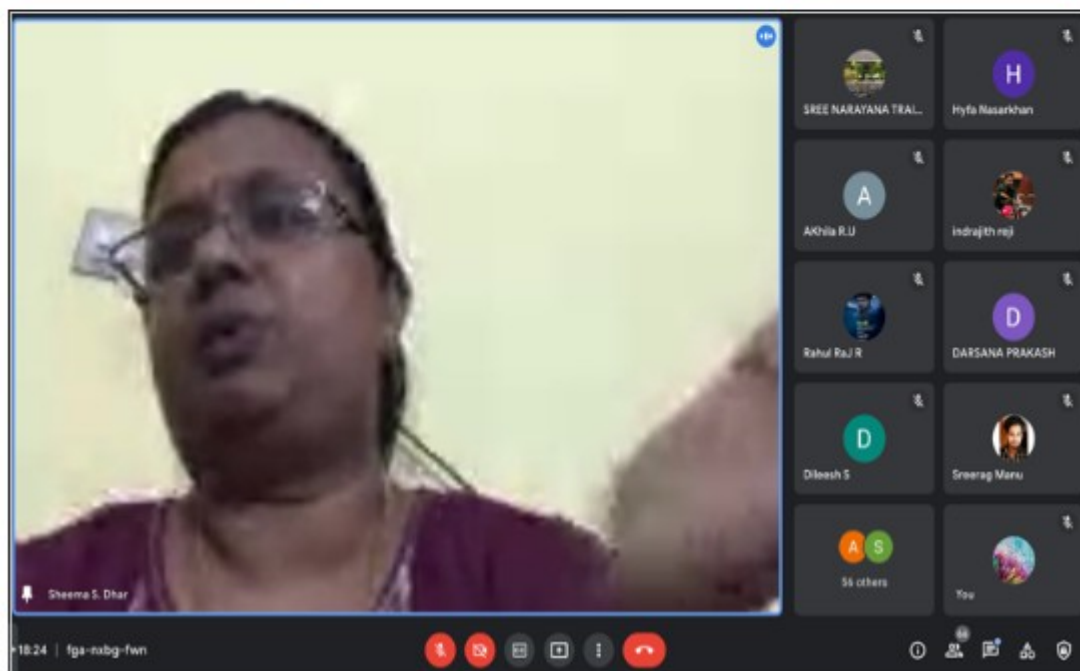
**Dr. Sheema S. Dhar**  
Assistant Professor,  
Government Law College,  
Thiruvananthapuram

**Conveners**

Dr. Viji V. Staff Advisor      Dr. Sheeba P. Principal  
Ms. Anjana Anilkumar Student Coordinator


**Organising Committee**

Sri. Praveen R.      Dr. Pramod G. Hair  
Dr. Smitha S.      Dr. Beetha Ravi H.  
Dr. Sangreetha K. R.      Smt. Chitra S.  
Dr. Rani K. V.      Dr. Dhanya B. Chandran  
Smt. Remya R.



The screenshot shows a Zoom meeting in progress. The main window displays Dr. Sheema S. Dhar, who is speaking. The right-hand sidebar lists the participants: SREE NARAYANA TRAL..., Hyfa Nasarkhan, AKhila R.U, Indrajith raj, Rahul Raj R, DARSANA PRAKASH, Dileesh S, Sreenag Maru, 55 others, and You. The bottom toolbar shows various Zoom controls like mute, video, chat, and screen share.


## National Webinar on Blue print of online teaching



**SREE NARAYANA TRAINING COLLEGE**  
Nedunganda P.O., Varkala, Thiruvananthapuram, Kerala. Pin.695307  
(Affiliated to University of Kerala, Recognized by MCTE,  
Re-accredited by NAAC with Grade B, Recognised by UGC under 2(f) & 12(BB))  
Email: sntced@gmail.com, Website: www.snttrainingcollege.edu.in

**May 20**  
@ 6.00 PM

**PRABUDDHA**  
**Embracing the New Normal**  
Webinar Series organised by the College Union 'Anwaya'  
in collaboration with all Departments of the college




**National Webinar on  
BLUEPRINT OF ONLINE TEACHING**

**Programme Schedule**

Compering : Ms. Anja R.  
Prayer : Ms. Neha Suresh  
Welcome Address : Dr. Sheeba P. (Principal, SNTC)  
Presidential address: Mr. Indrajith R.  
(Chairman, College Union)  
Introducing the Resource Person : Ms. Aathipa P. Kumar  
Resource Talk : Dr. Sajith S. J. Sasi  
Vote of Thanks : Ms. Aparna B.  
National Anthem : Ms. Arya M. S.  
Reporting

**Resource Talk**



**Dr. Sajith S. J. Sasi**  
Assistant Professor and Head  
Department of Hindi  
Sree Narayana College  
Varkala

**Conveners**

Dr. Yiji V. : Dr. Sheeba P.  
Convener & General Convener &  
Staff Advisor Principal  
Ms. Deepthy P.  
Student Coordinator

**Organising Committee**

Sri. Praveen R. : Dr. Pramod G. Nair  
Dr. Swetha S. : Dr. Reetha Ravi H.  
Dr. Sangeetha H. R. : Smt. Chitra S.  
Dr. Rani K. V. : Dr. Dhanya B. Chandran  
Smt. Remya R.



## National Webinar on Teacher – Social Expectations




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 [Affiliated to University of Kerala, Recognized by NCTE,  
 Re-Accredited by NAAC with Grade B, Recognised by UGC under 2(f) & 12(B)]  
 Email: sntcned@gmail.com, Website: www.sntntrainingcollege.edu.in

**May  
24  
@ 7.00 PM**

**PRABUDDHA**  
**Embracing the New Normal**

Webinar Series organised by the College Union 'Anwaya'  
 in collaboration with all Departments of the college




**National Webinar**  
**TEACHER - SOCIAL EXPECTATIONS**

Programme Schedule

Compering : Ms. Hari Chandana S.  
 Prayer : Ms. Sreelekshmi S. Nair  
 Welcome Address : Dr. Sheeba P. (Principal, SNTC)  
 Presidential Address: Mr. Indrajith R.  
 (Chairman, College Union)

Introducing the  
 Resource Person : Ms. Nikhila C. S.  
 Resource Talk : Sri. N. K. Sunilkumar  
 Vote of Thanks : Ms. Sruthy S. Pillai  
 National Anthem  
 Reporting : Ms. Sabja S. L.

**Resource Talk**



**Sri. N. K. Sunilkumar**  
 Assistant Professor of Sociology  
 Mahatma Gandhi College  
 Thiruvananthapuram

Conveners

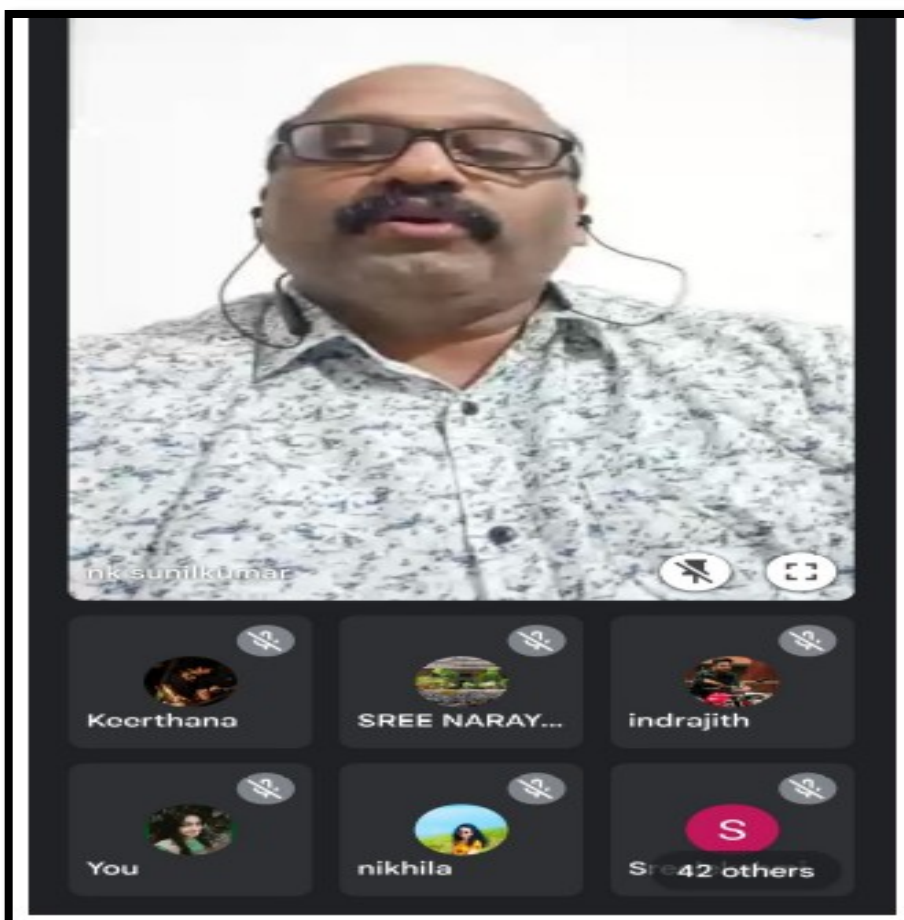
Dr. Vijji V.  
 Convener &  
 Staff Advisor

Dr. Sheeba P.  
 General Convener  
 & Principal

Ms. Keerthana S. Raj  
 Student Coordinator

Organising Committee

Sri. Praveen R.      Dr. Pramod G. Nair  
 Dr. Smitha S.      Dr. Reetha Ravi H.  
 Dr. Sangeetha H. R.      Smt. Chitra S.  
 Dr. Rani K. V.      Dr. Dhanya B. Chandran  
 Smt. Remya R.





## National Webinar on Home Employability skills through online platform



**SREE NARAYANA TRAINING COLLEGE**  
Nedunganda P.O., Varkala, Thiruvananthapuram, Kerala. Pin.686307  
[Affiliated to University of Kerala, Recognized by MCTE,  
Re-Accredited by NAAC with Grade B, Recognized by UGC under 2(F) & 12(B)]  
Email: sntrcnd@gmail.com, Website: www.sntrainingcollege.edu.in

**May**  
**23**  
@ 4.00 PM

**PRABUDDHA**  
**Embracing the New Normal**

Webinar Series organised by the College Union 'Anwaya'  
in collaboration with all Departments of the college



**National Webinar**  
**HONE EMPLOYABILITY SKILLS THROUGH ONLINE PLATFORMS**

**Programme Schedule**

Compering : Ms. Avani S. K.  
Prayer : Ms. Asha C.  
Welcome Address : Dr. Sheeba P. (Principal, SNTC)  
Presidential Address: Mr. Indrajith R.  
(Chairman, College Union)

Introducing the  
Resource Person  
Resource Talk : Smt. Rina Vivekanandan  
Vote of Thanks : Ms. Anantha S.  
National Anthem  
Reporting : Ms. Anakha D. A.

**Resource Talk**



**Smt. Rina Vivekanandan**  
Principal Consultant  
Praaptii

**Conveners**

Dr. Viji V.  
Convener &  
Staff Advisor

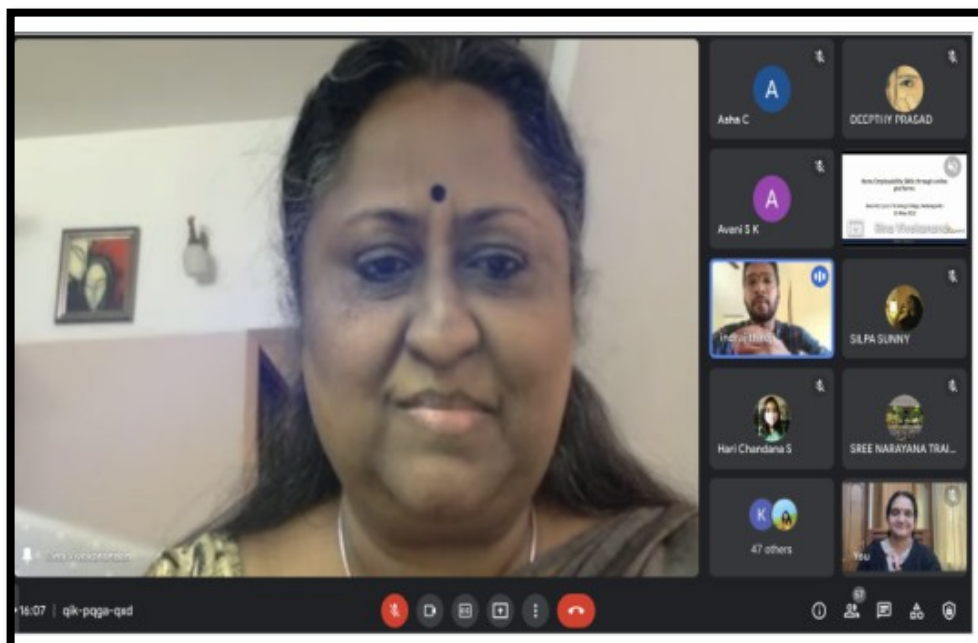
Dr. Sheeba P.  
General Convener  
& Principal

Mr. Dipin R.  
Student Coordinator

**Organising Committee**

Sri. Praveen R.  
Dr. Smitha S.  
Dr. Sangeetha H. R.  
Dr. Rani K. V.  
Smt. Remya R.

Dr. Pramod G. Halr  
Dr. Beetha Ravi H.  
Smt. Chitra S.  
Dr. Dhanya S. Chandran



## National Webinar on Intellectual Property Rights



**SREE NARAYANA TRAINING COLLEGE**  
Nedunganda P.O., Varkala, Thiruvananthapuram, Kerala. Pin. 695307  
(Affiliated to University of Kerala, Recognized by NCTE,  
Re-Accredited by MAAC with Grade B, Recognized by UGC under 20/1 & 12(B))  
Email: sntcncd@gmail.com, Website: www.sntcncdcollege.edu.in

**May 26**  
@ 7.00 PM

**PRABUDDHA**  
**Embracing the New Normal**  
Webinar Series organised by the College Union 'Anwaya'  
in collaboration with all Departments of the college



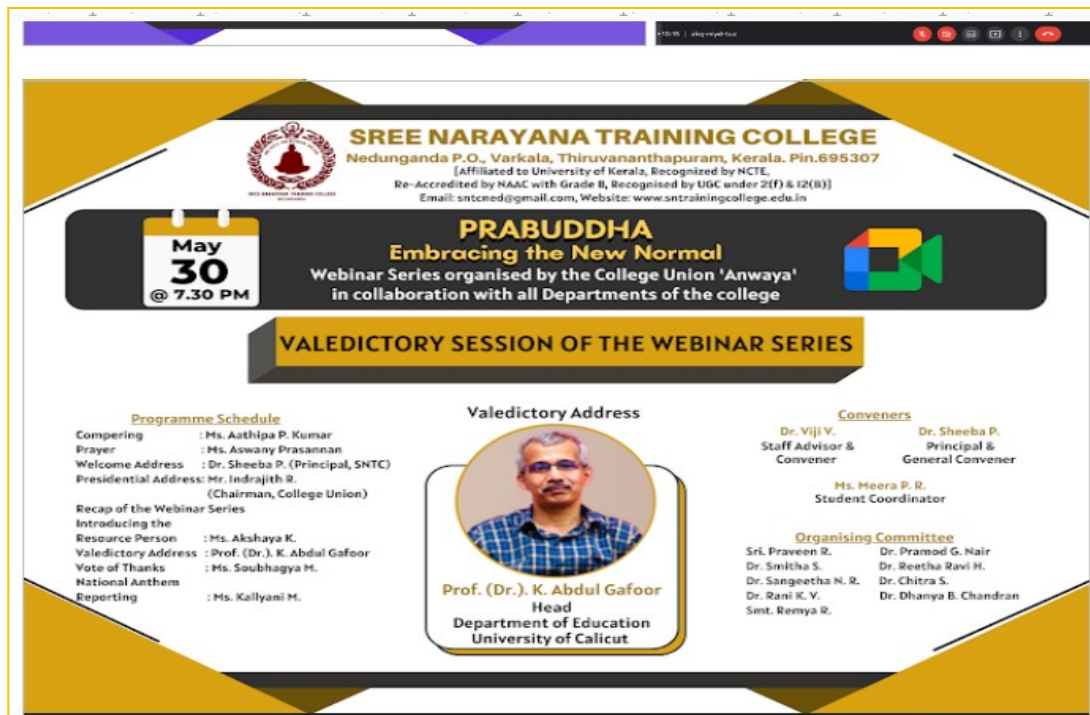
**National Webinar on**  
**INTELLECTUAL PROPERTY RIGHTS**  
in association with Centre for Constitutional Literacy, Chirayinkeezhu

<p><b>Chief Guest</b></p>  <p><b>Sri. V. Sasi</b> Member of the Legislative Assembly (MLA), Chirayinkeezhu Constituency</p>	<p><b>Programme Schedule</b></p> <p>Compering Prayer Welcome Address Presidential Address  Chief Guest Introducing the Resource Person Resource Talk Vote of Thanks National Anthem Reporting</p>	<p><b>Resource Talk</b></p>  <p><b>Dr. Lawwellman P.</b> Assistant Professor, Government Law College, Calicut</p>
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<p><b>Organising Committee</b></p> <p>Sri. Praveen R.   Dr. Pramod G. Nair   Dr. Smitha S. Dr. Reetha Rani H.   Dr. Sangeetha N. R.   Smt. Chitra S. Dr. Rani K. V.   Dr. Dhanya Chandran B.   Smt. Remya R.</p>	<p><b>Conveners</b></p> <p>Ms. Hishana H. S.   Dr. Vijay V. Student   Convener &amp; Staff Advisor Coordinator</p>	<p>Dr. Sheeba P. General Convener &amp; Principal</p>
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## Valedictory Session of the Webinar





**SREE NARAYANA TRAINING COLLEGE**  
Nedunganda P.O., Varkala, Thiruvananthapuram, Kerala. Pin.695307  
[Affiliated to University of Kerala, Recognized by NCTE,  
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Email: sntcned@gmail.com, Website: www.sntntrainingcollege.edu.in

**May 30 @ 7.30 PM**

**PRABUDDHA Embracing the New Normal**  
Webinar Series organised by the College Union 'Anwaya' in collaboration with all Departments of the college

**VALEDICTORY SESSION OF THE WEBINAR SERIES**

<p><b>Programme Schedule</b></p> <p>Compering : Ms. Aathipa P. Kumar Prayer : Ms. Aswamy Prasannan Welcome Address : Dr. Sheeba P. (Principal, SNTC) Presidential Address: Mr. Indrajith R. (Chairman, College Union) Recap of the Webinar Series Introducing the Resource Person : Ms. Akshaya K. Valedictory Address : Prof. (Dr.). K. Abdul Gafoor Vote of Thanks : Ms. Soubhagya M. National Anthem Reporting : Ms. Kallyani M.</p>	<p><b>Valedictory Address</b></p>  <p><b>Prof. (Dr.). K. Abdul Gafoor</b> Head Department of Education University of Calicut</p>	<p><b>Conveners</b></p> <p>Dr. Viji V. Staff Advisor &amp; Convener</p> <p>Dr. Sheeba P. Principal &amp; General Convener</p> <p>Ms. Meera P. R. Student Coordinator</p> <p><b>Organising Committee</b></p> <p>Sri. Praveen R. Dr. Smitha S. Dr. Sangeetha N. R. Dr. Rani K. V. Smt. Remya R.</p> <p>Dr. Pramod G. Nair Dr. Reetha Ravi H. Dr. Chitra S. Dr. Dhanya B. Chandran</p>
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Dr. K. Abdul Gafoor

19:52 | oao-uakm-bvq

Participants: You, Aathipa P. Kumar, Sree Narayana Training College, Dr. K. Abdul Gafoor, 60 others

## **SNEHAPOORVAM**

**Objective:** to develop social consciousness among student teachers

**The context:** Context : the outbreak of covid-19 pandemic had badly affected the life of many people especially those from the socio economically weaker section of the society. An orphanage and old home located at Attingal, which is registered voluntary organisation, has got numerous challenges for meeting the needs of inmates during the lockdown period. They have approached the many organisations and persons for receiving a helping hand for their needs. This initiated the student teachers of Sree Narayana Training College to render helping hand by providing lunch for the inmates.

**The practice :** The institution had provided lunch for the inmates of two institutions - an old age home and an orphanage managed by Karunalayam, a registered Organisation located at Attingal on 7<sup>th</sup> November in memory of the commemoration day of R. Shankar, the founder manager of the college, It was also decided to provide the same to the institution in the coming years.

**Evidences of success:** College Union had taken a decision to start a noon meal programme for the patients and poor people at a government taluk hospital, Varkala every weekend. The program was officially inaugurated by Sri. Aji S.R.M., S.N. Trust Executive member and management nominee of the college and Sri. Laji, the chairman of varkala municipality.

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# CHARITABLE SOCIETY

REHABILITATION CENTRE FOR MENTALLY  
CHALLENGED CHILDREN AND OLD AGE PEOPLE

LMS JUNCTION, ATTINGAL-695101

(Registered Under Charitable Society Act 1955, Reg. TC 144 / 2013)

Phone: 0470-2933272, Mob: 9400941985

No. KAR | 2318

Date: 11.07.2022

## Receipt

Received an amount of Rs 10,000/-  
(Ten Thousand only) for providing lunch  
for the inmates of Karunodayam Charitable  
Society, for Rehabilitation Centre for  
Mentally Retarded / Challenged children  
and old age people on 7.11.2022.

Chendilal



*[Handwritten signature]*



**Noon meal programme for the patients and poor people at a government thaluk hospital, Varkala**



  
**PRINCIPAL**  
Sree Narayana Training College  
Nedunganda, Pin: 695307